

## American College of Healthcare Sciences Integrative Science

Certified November 7, 2022



### Program Summary

The Associate of Applied Science in Integrative Health Sciences at the American College of Healthcare Sciences demonstrates a close alignment between program and course learning outcomes and the Essential Employability Qualities. Designed to prepare graduates to help their clients improve their health and well-being through the integration of complementary modalities and plant medicine, the program enables graduates to become board certified in Holistic Nutrition by the National Association of Nutrition Professionals. Opportunities for students to practice employability skills are present in the program, which is enhanced by regular input from employers, students, and alumni.

### Strengths & Noteworthy Practices

The thoughtful and systematic nature of surveys and assessment data and the colleges' understanding of student needs and alumni achievement is a distinct strength of the program.

In addition to exercises that infuse employability skills throughout the curriculum, a final project has students complete either a business plan or an employment kit. The business plan includes an analysis of the students' own barriers to success, such as negative attitudes and self-talk, procrastination, poor time management skills, excessive risk-taking, and perceived weaknesses. To complete this students must seek feedback from a trusted friend or advisor and create a plan for managing each of their identified barriers. The employment kit, for students not planning to open a business in the next 6-12 months, focuses on creating a career plan. The career plan must include sections on self-awareness, goal-setting, support network, overcoming barriers, and career longevity. Both develop the Learning & Adaptability and Motivation & Initiative EEQs - *and* are excellent career development exercises.

